

KEEP THE BEAT  
VIRTUAL

# Santa

## Ride Run Ramble!

18 - 19 December 2021

The best thing about organising your own run, ride, ramble is that you're in charge! Whether you follow a familiar path or explore somewhere new, you can choose the route, the distance and the date to suit you.



1  
**Decide  
your  
route**

You may already have a route in mind, but if you're looking for a new route or one that's extra challenging try these sites: [Ordnance Survey](#), [ifootpath.com](#), [ramblers.org.uk](#) for some local inspiration.



2  
**Start Fundraising**

Make your miles matter by signing up for a fundraising page. By getting sponsored, your miles will help change the lives of children with poorly hearts. Visit our website to find out how to set up a fundraising page or download a sponsorship form.



3  
**COVID-19  
Guidance**

Check the current national and regional Covid-19 guidance to make sure you are riding, running and rambling safely.



4  
**Enjoy your  
Run, Ride or  
Ramble!**

With preparations in place, it's time to get out and enjoy your ramble!



5  
**Share  
your  
stories**

Whether it's the tale of your adventure or a picture of you on your ride, run or ramble, we'd love to see your efforts. Make sure to use [#KTBSantaRide](#) and tag [@keepthebeatuk](#) in your social posts!