

KEEP THE BEAT
VIRTUAL

Santa

Ride Run Ramble!

17-18 December 2022

The best thing about organising your own ride, run, ramble is that you're in charge! Whether you follow a familiar path or explore somewhere new, you can choose the route, the distance and the date to suit you.



1
Decide your route

You may already have a route in mind, but if you're looking for a new route or one that's extra challenging try these sites: [Ordnance Survey](#), [ifootpath.com](#), [ramblers.org.uk](#) for some local inspiration.



2
Start Fundraising

Make your miles matter by signing up for a fundraising page. By getting sponsored, your miles will help change the lives of children with poorly hearts. Visit our website to find out how to set up a fundraising page or download a sponsorship form.



3
Meet new friends

Why not plan your own mini event! Join our Facebook group to get talking to other entrants and plan your route together.



4
Enjoy your Ride, Run or Ramble!

With preparations in place, it's time to get out and enjoy your ramble!



5
Share your stories

Whether it's the tale of your adventure or a picture of you on your ride, run or ramble, we'd love to see your efforts. Make sure to use [#KTBSantaRide](#) and tag [@keepthebeatuk](#) in your social posts!